



SUPPORT-A-PATIENT NEWSLETTER

AUGUST 2019

On the morning of July 15th 2019 Charity* (38) woke up thinking today would be a normal day. Things were going well for her family: she had a steady job as a domestic helper for an elderly lady in Margate, her mom had a good job caretaking a block of flats, and her 19-year old son had received a government bursary to study at college; a privilege that she could only have dreamed of for him. She was happy with how life was going. Between her and her mom, they could provide for their household of seven. While getting ready for work Charity suddenly felt a strange sensation come over her and before she knew it she was collapsing to the floor of her bedroom. When she regained consciousness, Charity was in hospital, unable to move or speak. The doctor told her that she'd had a stroke, that she'd lost her speech and ability to walk. She just couldn't believe it; yesterday she was fine! The day Charity came to Genesis, she was in a state of fear, depression and denial about her situation. She had heard rumours that people only came to Genesis "to die".

*name has been changed for privacy.



The Care Centre counsellors spent time reassuring her that actually people come here to heal and to restore hope. Slowly, Charity's fear subsided and she began to appreciate the loving, caring and healing environment provided at the Care Centre. It's been many weeks since Charity was admitted and during that time she has learnt to walk again. When her family visit her, she walks out with them into the garden. Her speech is coming back slowly and still needs the help of a speech therapist. It's beautiful to witness that, although Charity cannot speak fluently, she has still maintained the ability to sing all the words to her favourite praise song. Through love, care and support, Charity is now hopeful and confident that her future looks bright.

If you would like more information on the Genesis Care Centre, or if you feel that you would like to make a donation towards our work, please contact Bev Nel at
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Visit our website: www.genesiscarecentre.com



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